



## *Wish List – March 2010*

RAYS restores stability to children and families in crisis.

- ~ Counseling for trauma and mental health problems ~
- ~ Treatment for drug and alcohol abuse ~
- ~ Intervention for teens on the verge of dropping out of school ~
- ~ Classes to improve parenting skills ~
- ~ Support for caregivers raising a relative's child ~

We welcome donations of the following items.

Please contact Jolene Bernhard, Director of Development and Community Relations for more information: 425-271-5600, [joleneb@rays.org](mailto:joleneb@rays.org).

### **Art Therapy Supplies**

*Children in trauma often find it easier to express themselves in art instead of words.*

- Crayons
- Color pencils
- Markers
- Paper (different kinds – construction, copy, fancy)
- Stickers
- Glue sticks
- Scissors
- Old magazines for collages
- Play-doh
- Clay
- Model Magic
- Pastels
- Paints (tempera, water colors)

**Administration  
& Counseling**  
PO Box 1510  
1025 S. 3rd Street  
Renton WA 98057  
p 425-271-5600  
f 425-227-8926

**Family Support  
& Prevention**  
12704 76th Ave. S.  
Seattle, WA 98178  
p 206-772-2050  
f 206-772-2448

[www.rays.org](http://www.rays.org)  
[info@rays.org](mailto:info@rays.org)

***See back for more creative ways to help!***

## **Office Supplies**

*RAYS is a training ground for graduate students in local counseling degree programs. At any given time, we host 10-20 interns from Seattle University, Seattle Pacific University, Antioch, and UW.*

*Like any large and active family, it's tough to keep the pantry stocked. Donating these basic items frees up our budget for direct services.*

Copy paper

Pens and pencils

Post-it notes

Calculators

Staplers

Two and three-hole punches

Etc. etc. etc.

## **Building Maintenance and Renovation**

*RAYS is a 40-year-old, 1,000 people-helped-a-year organization with a grassroots soul. That's wonderful when it comes to the quality of service and care we give. Not so wonderful when it comes to our space.*

*Help us to provide a comfortable and dignified place for families going through the worst times of their lives. Do you know...*

A plumber willing to donate time by tearing out old sinks and pipes that stick out in our counseling offices? (Our downtown Renton building used to house medical offices.)

A carpenter willing to donate time by building and installing shelves to replace those sinks?

A Martha Stewart fan willing to adopt our toy room or one of our most barren counseling offices? Ideally, this person would donate furnishings and decorate to their heart's content.

These are just some of the ways you can touch an organization that touches Renton, Skyway, and Tukwila. However you're able to give it, your support means the world to us.

Thank you!